

SSA TRACK & FIELD 12 & UNDER CHAMPIONSHIPS MULTI CLASS SELECTION GUIDE - GIRLS

MDS updated January 2018

These are a minimum standard to be used as a guide. States/Territories may set their own selection standards

100 M					200M				800M			
MDS	10 YEARS	11 YEARS	12 YEARS		MDS	10 YEARS	11 YEARS	12 YEARS	MDS	10 YEARS	11 YEARS	12 YEARS
CLASS					GIRLS TRACK							
Hearing Impaired												
T01	00:13.56	00:33.90	00:30.10	00:27.12	00:27.92	01:09.80	01:01.98	00:55.84	02:30.58	06:16.45	05:34.29	05:01.16
Visually Impaired												
T11	00:16.52	00:41.30	00:36.67	00:33.04	00:36.16	01:30.40	01:20.28	01:12.32	03:32.03	08:50.08	07:50.71	07:04.06
T12	00:14.24	00:35.60	00:31.61	00:28.48	00:29.24	01:13.10	01:04.91	00:58.48	02:52.20	07:10.50	06:22.28	05:44.40
T13	00:13.36	00:33.40	00:29.66	00:26.72	00:27.84	01:09.60	01:01.80	00:55.68	02:43.32	06:48.30	06:02.57	05:26.64
Intellectually Impaired												
T20	00:13.47	00:33.68	00:29.90	00:26.94	00:28.10	01:10.25	01:02.38	00:56.20	02:29.13	06:12.83	05:31.07	04:58.26
Cerebral Palsy												
T31	00:35.34	01:28.35	01:18.45	01:10.68	01:10.13	02:55.33	02:35.69	02:20.26				
T32	00:33.38	01:23.45	01:14.10	01:06.76	01:09.74	02:54.35	02:34.82	02:19.48	04:37.71	11:34.28	10:16.52	09:15.42
T33	00:24.50	01:01.25	00:54.39	00:49.00	00:45.18	01:52.95	01:40.30	01:30.36	03:09.08	07:52.70	06:59.76	06:18.16
T34	00:20.18	00:50.45	00:44.80	00:40.36	00:36.50	01:31.25	01:21.03	01:13.00	02:21.90	05:54.75	05:15.02	04:43.80
T35	00:15.99	00:39.97	00:35.50	00:31.98	00:33.31	01:23.27	01:13.95	01:06.62	04:19.14	10:47.85	09:35.29	08:38.28
T36	00:16.62	00:41.55	00:36.90	00:33.24	00:34.63	01:26.58	01:16.88	01:09.26	03:26.23	08:35.58	07:37.83	06:52.46
T37	00:14.87	00:37.18	00:33.01	00:29.74	00:30.39	01:15.98	01:07.47	01:00.78	02:59.64	07:29.10	06:38.80	05:59.28
T38	00:13.90	00:34.75	00:30.86	00:27.80	00:29.41	01:13.53	01:05.29	00:58.82	02:58.37	07:25.93	06:35.98	05:56.74
Amputee & Les Autres												
T40	00:20.68	00:51.70	00:45.91	00:41.36	00:51.11	02:07.77	01:53.46	01:42.22	05:36.84	14:02.10	12:27.78	11:13.68
T41	00:20.51	00:51.28	00:45.53	00:41.02	00:47.11	01:57.77	01:44.58	01:34.22	05:36.84	14:02.10	12:27.78	11:13.68
T42	00:20.33	00:50.83	00:45.13	00:40.66	00:42.38	01:45.95	01:34.08	01:24.76	04:12.49	10:31.23	09:20.53	08:24.98
T43	00:16.60	00:41.50	00:36.85	00:33.20	00:35.75	01:29.38	01:19.37	01:11.50	03:38.73	09:06.83	08:05.58	07:17.46
T44	00:15.62	00:39.05	00:34.68	00:31.24	00:33.36	01:23.40	01:14.06	01:06.72	03:38.73	09:06.83	08:05.58	07:17.46
T45	00:14.89	00:37.23	00:33.06	00:29.78	00:29.18	01:12.95	01:04.78	00:58.36	02:41.72	06:44.30	05:59.02	05:23.44
T46	00:13.38	00:33.45	00:29.70	00:26.76	00:27.23	01:08.08	01:00.45	00:54.46	02:41.72	06:44.30	05:59.02	05:23.44
T47	00:13.38	00:33.45	00:29.70	00:26.76	00:27.23	01:08.08	01:00.45	00:54.46	No event			
Wheelchair												
T51	00:33.44	01:23.60	01:14.24	01:06.88	01:01.45	02:33.62	02:16.42	02:02.90	04:21.84	10:54.60	09:41.28	08:43.68
T52	00:22.67	00:56.68	00:50.33	00:45.34	01:01.02	02:32.55	02:15.46	02:02.04	02:32.10	06:20.25	05:37.66	05:04.20
T53	00:17.97	00:44.93	00:39.89	00:35.94	00:32.31	01:20.78	01:11.73	01:04.62	02:00.85	05:02.12	04:28.29	04:01.70
T54	00:17.25	00:43.13	00:38.29	00:34.50	00:30.71	01:16.78	01:08.18	01:01.42	01:57.03	04:52.57	04:19.81	03:54.06
Transplantee												
T60	00:14.45	00:36.12	00:32.08	00:28.90	00:31.48	01:18.70	01:09.89	01:02.96	02:57.69	07:24.23	06:34.47	05:55.38

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Long Jump				
MDS	10 YEARS	11 YEARS	12 YEARS	

Shot Put				
MDS	10 YEARS	11 YEARS	12 YEARS	

Discus				
MDS	10 YEARS	11 YEARS	12 YEARS	

CLASS					CLASS					CLASS				
Hearing Impaired					GIRLS FIELD									
Hearing Impaired					Hearing Impaired									
T01	4.96	1.74	1.98	2.23	F01	11.49	4.02	4.60	5.17	37.49	13.12	15.00	16.87	
Visually Impaired					Visually Impaired									
T11	3.51	1.23	1.40	1.58	F11	9.53	3.34	3.81	4.29	25.70	9.00	10.28	11.57	
T12	4.66	1.63	1.86	2.10	F12	10.70	3.75	4.28	4.82	33.31	11.66	13.32	14.99	
T13	4.91	1.72	1.96	2.21	F13	9.95	3.48	3.98	4.48	33.64	11.77	13.46	15.14	
Intellectually Impaired					Intellectually Impaired									
T20	5.03	1.76	2.01	2.26	F20	11.61	4.06	4.64	5.22	30.71	10.75	12.28	13.82	
Cerebral Palsy					Cerebral Palsy									
T31	No event				F31	No event				No event				
T32	No event				F32	4.88	1.71	1.95	2.20	9.50	3.33	3.80	4.28	
T33	No event				F33	5.26	1.84	2.10	2.37	7.86	2.75	3.14	3.54	
T34	No event				F34	6.10	2.14	2.44	2.75	14.04	4.91	5.62	6.32	
T35	2.06	0.72	0.82	0.93	F35	7.31	2.56	2.92	3.29	19.25	6.74	7.70	8.66	
T36	3.06	1.07	1.22	1.38	F36	7.70	2.70	3.08	3.47	19.14	6.70	7.66	8.61	
T37	4.21	1.47	1.68	1.89	F37	10.84	3.79	4.34	4.88	29.23	10.23	11.69	13.15	
T38	4.52	1.58	1.81	2.03	F38	10.02	3.51	4.01	4.51	27.74	9.71	11.10	12.48	
Amputee & Les Autres					Amputee & Les Autres									
T40	2.18	0.76	0.87	0.98	F40	7.06	2.47	2.82	3.18	20.03	7.01	8.01	9.01	
T41	2.18	0.76	0.87	0.98	F41	7.85	2.75	3.14	3.53	27.01	9.45	10.80	12.15	
T42	3.01	1.05	1.20	1.35	F42	6.32	2.21	2.53	2.84	18.99	6.65	7.60	8.55	
T43	2.86	1.00	1.14	1.29	F43	8.36	2.93	3.34	3.76	29.00	10.15	11.60	13.05	
T44	4.65	1.63	1.86	2.09	F44	8.79	3.08	3.52	3.96	32.37	11.33	12.95	14.57	
T45	3.85	1.35	1.54	1.73	F45	9.14	3.20	3.66	4.11	18.99	6.65	7.60	8.55	
T46	5.31	1.86	2.12	2.39	F46	9.79	3.43	3.92	4.41	29.83	10.44	11.93	13.42	
T47	5.31	1.86	2.12	2.39	F47	No event, compete as 46				No event, compete as 46				
Wheelchair					Wheelchair									
T51	No event				F51	No event				9.36	3.28	3.74	4.21	
T52	No event				F52	4.67	1.63	1.87	2.10	9.86	3.45	3.94	4.44	
T53	No event				F53	3.45	1.21	1.38	1.55	8.96	3.14	3.58	4.03	
T54	No event				F54	5.17	1.81	2.07	2.33	13.43	4.70	5.37	6.04	
					F55	6.08	2.13	2.43	2.74	17.94	6.28	7.18	8.07	
					F56	6.83	2.39	2.73	3.07	17.91	6.27	7.16	8.06	
					F57	7.08	2.48	2.83	3.19	17.13	6.00	6.85	7.71	
Transplantee					Transplantee									
T60	3.63	1.27	1.45	1.63	F60	9.60	3.36	3.84	4.32	31.64	11.07	12.66	14.24	