

SCHOOL SPORT AUSTRALIA
AQUATHLON & TRIATHLON CHAMPIONSHIPS
Rules and Guidelines

1.0 COMPETITION RULES

1.1 Rules of the event

The event shall be conducted according to the Rules of Triathlon Australia, except where otherwise indicated in the By-Laws – 3.1& 3.5.

1.2 Student Participation

1.2.1 Age Eligibility – Individual event

Qualification for selection to compete in the individual event at the Championship shall be:

Aquathlon: 11 and 12 years as of 31 December in the year in which the Championship is held

Added September 2018

Junior: 13 and 14 years as of 31 December in the year in which the Championship is held

Intermediate: 15 and 16 years as of 31 December in the year in which the Championship is held

Senior: 17, 18 and 19 years as of 31 December in the year in which the Championship is held

No student shall be permitted to race outside his/her specific age group.

1.2.2 Age Eligibility – Relay event

As per 1.2.1 above

1.3 Team Size

Each State/Territory may enter a team. A team consists of a maximum thirty-six (36 - triathlon only) / fifty-two (52 - triathlon and aquathlon) athletes. A maximum of five (5 – triathlon only) / seven (7 – triathlon and aquathlon) adult officials may accompany the team.

Amended September 2018

2.0 COMPETITION STRUCTURE

2.1 Individual Competition - Triathlon

Amended September 2018

2.1.1 In each age group, a State/Territory may nominate a maximum of six (6) athletes, with athletes being eligible for medals; the first three (3) from each official team to finish will count. In the event of a drawn score, the 4th athlete will count.

2.1.2 In determining the finishing position of scoring athletes of teams, the race results will be adjusted so that the finishing positions of non-scoring athletes of a team (i.e. more than 4 from any State/Territory) will be eliminated.

2.2 Individual Competition - Aquathlon

2.2.1 In each age group, a State/Territory may nominate a maximum of eight (8) athletes, with athletes being eligible for medals.

Added September 2018

2.3 Points allocation - Triathlon

Amended September 2018

2.3.1 Point scoring for the best performed Individual State/Territory be on the following points basis:

1st	1 point
2nd	2 points
3rd	3 points

DNF Number in the field plus one

DNS Number in the field plus one

DQ Number in the field plus one

2.3.2 Point scoring for the best performed Relay State/Territory be on the following points basis:

1st	1 point
2nd	2 points
3rd	3 points
DNF	Number in the field plus one
DNS	Number in the field plus one
DQ	Number in the field plus one

2.3.3 In any age group, if a State/Territory has more than one team, only the first State/Territory team across the line is eligible for points. All State/Territory teams will be eligible for medals.

2.4 Electronic Timing

Where possible, host states/territories are encouraged to use electronic time at the event.

2.4 Method of Determining a Winner - Triathlon

Amended September 2018

2.4.1 In the individual event, the sum total of each state shall be ranked one to eight (1-8) for each age group, and the total ranking shall determine the overall placing. States/Territories may tie for placings.

2.4.2 In the relay event, the total ranking shall determine the overall placing. States/Territories may tie for placings.

3.0 FACILITIES, EQUIPMENT

3.1 Swim Starts

The swim start shall be as per International Triathlon Union (ITU) competition rules with the start line being determined as per transition (Ref Rule 3.5).

Amended August 2017

3.2 Gearing of Bikes

There will be no gear restrictions for all age groups.

3.3 Bike Technology

Bike specifications as per Triathlon Australia rules and guidelines are adopted for all age groups.

3.4 Wheel Exchange

3.4.1 A Wheel Exchange area will be established close to the transition area and supervised by an Event Official.

3.4.2 Wheels must be clearly labelled with athlete numbers/and or/State/Territory.

3.4.3 If wheels are exchanged, the athlete must complete the lap they are on.

3.5 Transition Area

The transition area shall not exceed Triathlon Australia dimensions and shall be of a flow through nature giving no advantage to any competitor. Places on the bike racks will be allocated on a basis where states are listed in alphabetical order and athletes are positioned as follows:

Example:	Junior Girls	Position	1.	ACT
			2.	NSW
			3.	NT
			4.	QLD
			5.	SA
			6.	TAS
			7.	VIC
			8.	WA
			9.	ACT etc.

3.6 Course Length

3.6.1 Distances shall be as near as geographically as possible to the following:

Aquathlon (11, 12)	1 km run, 200 m swim, 1 km run
Aquathlon Relay (11, 12)	500 m run, 100 m swim, 500 m run
Junior (13, 14)	300 m swim, 10 km cycle, 2 km run
Intermediate (15, 16)	500 m swim, 15 km cycle, 4 km run
Senior (17, 18, 19)	750 m swim, 20 km cycle, 5 km run
Relay event	200 m swim, 5 km cycle, 1.5 km run

Amended September 2018

3.6.2 It is strongly recommended that the Championship be conducted on a road closed course.

3.7 Clothing/Uniforms

3.7.1 All States/Territories shall wear representative clothing as follows:

Australian Capital Territory	Yellow and Blue
New South Wales	Sky Blue, Navy Blue and White
Northern Territory	Ochre, Black and White
Queensland	Maroon and White, splash Black/Grey
South Australia	Red, Yellow and Blue
Tasmania	Green, Gold and Red
Victoria	Navy Blue, White, Red and Green
Western Australia	Black and Gold

3.7.2 All team members must wear state coloured uniforms i.e. bathers, swim caps and running gear as covered by sanctioning. Race singlets are required for male competitors only. This is to apply for both Individual and Relay events. For all relay events (Triathlon), if extra apparel is worn, team members must wear state coloured tops, state coloured cycling pants or plain black cycling pants.

Amended September 2018

3.7.3 It is recommended that States/Territories wear coloured swim caps as indicated:

Australian Capital Territory	Royal Blue
New South Wales	Pale Blue/Sky Blue
Northern Territory	Ochre
Queensland	Maroon
South Australia	Yellow
Tasmania	Red
Victoria	Navy Blue
Western Australia	Black with Yellow

4.0 OFFICIALS

4.1 Protests - Technical

4.1.1 The current Triathlon Australia protest procedure shall be used.

4.2 Protests – Non-Technical

4.2.1 A Competition Jury shall be formed at the Opening Conference of each Championship.

4.2.2 It shall consist of representatives from at least three (3) different states, the School Sport Australia National Secretary and the Triathlon Australia Technical Delegate in an advisory capacity only.

4.2.3 One nominated team official representative of the protester and of the accused must be present. Protest forms shall be made available at the Opening Conference.

5.0 EVENT FORMAT

5.1 Individual Event

5.1.1 All States/Territories represented shall compete in the individual event.

5.2 Relay Event

- 5.2.1 The Relay event shall be held at least twenty four (24) hours after all individual events.
- 5.2.2 All States/Territories represented shall compete in the relay event. Students must compete in the individual race in order to compete in the relay event unless a medical certificate is provided.
- 5.2.3 Relay teams shall comprise:
- | | |
|--------------------------------|---|
| Senior Team (max. of 2 teams) | 2 x Senior Boys & 2 Senior Girls |
| Intermediate (max. of 2 teams) | 2 x Intermediate Boys & 2 x Intermediate Girls |
| Junior (max. of 2 teams) | 2 x Junior Boys & 2 x Junior Girls |
| All Age Teams (max of 3 teams) | 2 Boys & 2 Girls with at least one athlete from each age group in each team |
| Aquathlon (max of 4 teams) | 2 x 11-12 Boys & 2 x 11-12 Girls |
- Amended September 2018
- 5.2.4 Any variations to the composition of relay teams, based on team size, illness or injury must be approved at a Team Managers meeting prior to the relay events.
- 5.2.5 Changeover procedure shall be at the discretion of the Race Director.

5.3 Drafting

- 5.3.1 The Triathlon Australia/ITU rules in regards to draft legal events shall apply for all Individual & Relay Events.

5.4 Race Components

- 5.4.1 Host States/Territories should ensure that contingency plans for all components of the race schedule are considered should any exceptional circumstances arise.
- 5.4.2 All competitors will be expected to arrive fully prepared for the competition even, if in the event of unforeseen circumstances, some adjustment has to be made to race procedures.

6.0 TROPHIES, AWARDS

6.1 Major Trophies Triathlon

Amended September 2018

- 6.1.1 The following trophies are presented at the Closing Ceremony. The name of the winning team is to be engraved on the cup at the expense of the winning state.

Championship Trophy	Combined Individual & Relay Total
Relay Trophy	Relay Total
Individual Trophy	Individual Total

6.2 Athlete Awards – Aquathlon & Triathlon

- 6.2.1 Individual medallions will be presented to the first three (3) finishers in each age group.
- 6.2.2 Relay medallions will be presented to the first three (3) finishers in each age group.

7.0 MEETINGS

7.1 Pre-Event Meeting

The Pre-event meeting shall be held prior to the commencement of competition. It is strongly recommended that the Race Director or representative and the Senior Technical Official or representative be in attendance to clarify any issues that may arise.

7.2 Post-Event Meeting / Team Managers Meetings

The Post-event meeting shall be held during the concluding period of the Championships and, if required, a Team Managers meeting may be called at the end of each day of competition.

- 7.3 The quorum for the above meetings shall be at least one (1) delegate from every competing member body.

**SCHOOL SPORT AUSTRALIA
SERVICE AWARD RECIPIENTS**

NAME	STATE	YEAR
Brian Jackson	SA	2001
Marion Jackson	SA	2001
Dave Gomer	SA	2001
Kim Beckinsale	QLD	2004
Meredith Prime	VIC	2004
Roch Prendergast	VIC	2005
Colin Davis	VIC	2007
Paul Kennedy	NSW	2012
Tony Banks	WA	2014
Paul Roger	NSW	2015
Graham Maier	WA	2015
Phil Hyam	QLD	2016
Stuart Denton	WA	2016