

## **SCHOOL SPORT AUSTRALIA DIVING RULES AND GUIDELINES**

### **SECTION A: RULES OF THE COMPETITION**

#### **1. Eligibility**

All competitors must be bona fide school students, attaining a minimum age of 10 years and maximum age of 19 years in the year of competition.

#### **2. Team Documentation**

To be provided as per School Sport Australia policy.

Amended November 2018

#### **3. Rules and Conditions of Competition**

- 3.1 Students must compete in their own age group in springboard and platform events.  
EXCEPTION – if a state/territory does not have 3 students of the correct age to fill the age group in springboard and/or platform then a younger diver may compete in an older division.  
NO DIVER CAN COMPETE IN MORE THAN ONE (1) INDIVIDUAL SPRINGBOARD OR PLATFORM EVENT.
- 3.2 Each state/territory may enter a maximum of THREE (3) competitors per individual competition.
- 3.3 Synchronised divers may pair with a diver from the opposite sex. The divers will compete in the gender age group event of the elder diver.
- 3.4 No repeat dives are permitted.
- 3.5 The competition will be conducted under FINA rules except where otherwise stated.
- 3.6 Judging Panel – At least five (5) member judging panel will be used for each individual event and at least a seven (7) member judging panel for synchronised events.
- 3.7 Appropriately accredited judges accompanying participating teams may be invited to join the judging panel.
- 3.8 A dive indicator board will be used (if available).
- 3.9 Order of competition – the order in which divers will compete shall be determined by random draw.
- 3.10 Each competition shall be a final competition irrespective of the number of entrants.
- 3.11 Withdrawals – All withdrawals should be notified as soon as known. Should a competitor withdraw from any event the order of divers will remain the same, with the withdrawn diver omitted.
- 3.12 Judiciary – In the event of any circumstances requiring a judiciary this shall consist of the National Secretary, Chief Referee and a representative team manager other than from the team of the diver subject to the inquiry. The team manager will be decided by random draw.
- 3.13 Marshalling – Competitors will be required to report to the marshall prior to each event. Competitors will be introduced for each event (if time permits).
- 3.14 A student can only use the diving boards while under supervision of a team official. Duty of care is of utmost importance and should be adhered to at all times.

- 3.15 Board options
- 3.15.1 Springboard – All competitors may use ONE (1) and/or THREE (3) metre.
- 3.15.2 Platform – 10-12 years use FIVE (5) metre only.
- 3.15.3 Platform – 13-14 years may use FIVE (5) metre and/or SEVEN and HALF (7.5) metre.
- 3.15.4 Platform – 15-16 years may use FIVE (5) metre and/or SEVEN and HALF (7.5) metre and/or TEN (10) metre.
- 3.15.5 Platform – 17-19 years may use FIVE (5) metre and/or SEVEN and HALF (7.5) metre and/or TEN (10) metre.
- 3.15.6 In the event a younger diver is competing in an older division, the younger competitor can only use platforms specific to their correct age grouping: ie a 13 year old diver in a 15-16 year platform event can only use FIVE (5) metre or SEVEN and HALF (7.5) metre.

#### 4. Competition Format

- |       |   |   |                       |
|-------|---|---|-----------------------|
| 4.1   | 10 years  | 2 dives from 2 groups @ 3.6                                 | plus                  |
|       |   | 2 dives from 2 groups with no limit on degree of difficulty |                       |
|       | 11 years  | 2 dives from 2 groups @ 3.6                                 | plus                  |
|       |   | 2 dives from 2 groups with no limit on degree of difficulty |                       |
|       | 12 years  | 3 dives from 3 groups @ 5.4                                 | plus                  |
|       |   | 2 dives from 2 groups with no limit on degree of difficulty |                       |
|       | 13 years  | 3 dives from 3 groups @ 5.4                                 | plus                  |
|       |   | 2 dives from 2 groups with no limit on degree of difficulty |                       |
|       | 14 years  | 3 dives from 3 groups @ 5.4                                 | plus                  |
|       |   | 3 dives from 3 groups with no limit on degree of difficulty |                       |
|       | 15 years  | 4 dives from 4 groups @ 7.6                                 | plus                  |
|       |   | 3 dives from 3 groups with no limit on degree of difficulty |                       |
|       | 16 years  | 4 dives from 4 groups @ 7.6                                 | plus                  |
|       |   | 4 dives from 4 groups with no limit on degree of difficulty |                       |
|       | 17 years – 19 years                               | 4 dives from 4 groups @ 7.6                                 | plus                  |
|       |   | 4 dives from 4 groups with no limit on degree of difficulty |                       |
|       |   |   | Amended February 2018 |
|       | 10-12 years platform (5 metre limit)              | 2 dives from 2 groups @ 3.6                                 | plus                  |
|       |   | 2 dives from 2 groups with no limit on degree of difficulty |                       |
|       | 13- 14 years platform (5m and/or 7.5m)            | 3 dives from 3 groups @ 5.4                                 | plus                  |
|       |   | 2 dives from 2 groups with no limit on degree of difficulty |                       |
|       | 15-16 years platform (5m and/or 7.5m and/or 10m)  | 3 dives from 3 groups @ 5.5                                 | plus                  |
|       |   | 3 dives from 3 groups with no limit on degree of difficulty |                       |
|       | 17-19 years platform (5m and/or 7.5m and/or 10m)  | 4 dives from 4 groups @ 7.6 plus                            |                       |
|       |   | 3 dives from 3 groups with no limit on degree of difficulty |                       |
| 4.2   | Synchronised Diving                               |   |                       |
| 4.2.1 | Pairs would come from existing team members       |   |                       |
| 4.2.2 | Age groups for pairs the same as platform events. |   |                       |
|       |   | 10-12 years boys/mixed and girls/mixed                      |                       |
|       |   | 2 dives @ 2.0 degree  |                       |
|       |   | 1 dive no degree limit                                      |                       |
|       |   | 13-14 years boys/mixed and girls/mixed                      |                       |
|       |   | 2 dives @ 2.0 degree  |                       |
|       |   | 2 dives no degree limit                                     |                       |
|       |   | 15-16 years boys/mixed and girls/mixed                      |                       |
|       |   | 2 dives @ 2.0 degree  |                       |
|       |   | 3 dives no degree limit                                     |                       |
|       |   | 17-19 years boys/mixed and girls/mixed                      |                       |

2 dives @ 2.0 degree limit  
3 dives with no degree limit

4.2.3 Divers may use springboard and/or platform in synchronised diving.

#### 4.3 At Combined Primary and Secondary Swimming and Diving

##### 4.3.1 Team Event – Mixed teams of ages and states/territories

- \* Divide the number of competitors into even teams.
- \* Each competitor will perform a pre-determined number of dives.
- \* Each team will do ½ of the dives with execution scores only to count and the other ½ execution plus degree of difficulty scores to count (normal dive calculations)

**OR**

##### 4.3.2 Team synchronized

- \* Four competitors per team.
- \* Combine the ages of the team members to determine the competition division eg 55 years and under and 56 years and over
- \* Each team member must synchronise with each other member ie. 6 dives per team

#### 4.4 At Combined Primary and Secondary Swimming and Diving

##### 4.4.1 Participation Knockout Event

1. All divers to compete
2. Separate event for each age ie 10 boys, 15 girls, 12 girls etc
3. 3 rounds
  - a. Round 1 limited dd of 1.5 or less
  - b. Round 2 limited dd of 2.0 or less
  - c. Round 3 unlimited dd
4. At the conclusion of each round a number of the lowest scoring competitors will be eliminated resulting in 3 left for round 3 eg 10 in the event will result in 4 eliminated after round 1, 3 after round 2 leaving 3 in the final round. In the event of small number of competitors some rounds will have no elimination.
5. Each round will be stand alone and scores will not carry forward.
6. Boards to be used
  - a. 10-12 years 1m and/or 3m and/or, 5m
  - b. 13-14 years 1m and/or, 3m and/or, 5m and/or, 7.5m
  - c. 15-19 years 1m and/or, 3m and/or, 5 and/or, 7.5m and/or, 10m
7. Any dive groups can be used
8. No repeat dives permitted

9. Prizes will be awarded for 1st 2nd 3rd in final round

Rule 4.4. added February 2018

## 5. Dive Sheet Requirements

\* Dive sheets must contain the following information:

Name, state/territory, age, gender, event, board, dive number, dive position, degree of difficulty and divers signature.

\* One dive sheet to be submitted by the designated time.

## SECTION B: GUIDELINES FOR ORGANISATION

### 1. Meetings

1.1 A pre event meeting of coaches shall be held prior to the championship commencement. Opportunity should be given to clarify program format.

Amended November 2018

1.2 A post event meeting of coaches and managers shall be held at the conclusion of the championship. Opportunity should be given to discuss any recommendations which lead to improvement of the championship and be forwarded to School Sport Australia for endorsement.

Amended November 2018

1.3 The Chief Referee must attend pre and post event meetings.

### 2. Officials

The organising state/territory is responsible for appointing suitably qualified officials approved by the state/territory association (where possible).

2.1 To be appointed by the host state.

Chief Referee, Meet Director/Championship Organiser, judges (at least 5), table officials (at least 5). Visiting states/territories may be invited to officiate where necessary.

2.2 Utilisation of student officials in accordance with SSA policy.

### 3. Equipment

Secretarial equipment, dive number board (where possible), dive calculator, judges cards, dive sheets, whistle, computer, printer, photocopier.

Amended November 2018

### 4. Ceremonies

An opening and closing ceremony will be held at the event.

### 5. Awards

Medals will be awarded for first, second and third placing in all events.

Amended November 2018

### 6. Excursion

It is School Sport Australia policy to schedule an Educational Excursion. This is the responsibility of the host state/territory.

Amended November 2018

### 7. Medical/First Aid

The host state/territory should provide a qualified sports trainer with first aid at the venue.

8. Previous item 8 removed November 2018

### 8. Sponsorship

Sponsorship will be encouraged and where a possibility it will be negotiated by the National Secretary in consultation with School Sport Australia.

Amended November 2018

Previous item 10 removed November 2018

9. **School Sport Australia Awards**  
Refer to School Sport Australia Awards Policy.