

Competition Schedule

Cross Country Championship Individual Events

Monday 8th September 2025

Gold Coast Performance Centre & Runaway Bay Sports Precinct, QLD

Time	Age Group	Distance	Course	Call Room	Start Line	Presentation
08:15	10-12 Years Multiclass Boys and Girls	2km	1 x 2km	07:55	08:10	09:15
08:30	10 Years Boys	2km	1 x 2km	08:10	08:25	09:15
08:40	10 Years Girls	2km	1 x 2km	08:20	08:35	09:15
08:50	11 Years Boys	3km	1 x 3km	08:30	08:45	09:45
09:05	11 Years Girls	3km	1 x 3km	08:45	09:00	09:45
09:20	13/14, 15/16, 17-19 Years Multiclass Boys	3km	1 x 3km	09:00	09:15	10:15
09:40	12 Years Boys	3km	1 x 3km	09:20	09:35	10:15
09:55	12 Years Girls	3km	1 x 3km	09:35	09:50	10:15
10:10	13 Years Boys	3km	1 x 3km	09:50	10:05	10:45
10:25	13 Years Girls	3km	1 x 3km	10:05	10:20	10:45
10:40	13/14, 15/16, 17-19 Years Multiclass Girls	3km	1 x 3km	10:20	10:35	11:15
11:15	BREAK					
11:55	14/15 Years Boys	4km	2 x 2km	11:35	11:50	12:50
12:20	14/15 Years Girls	4km	2 x 2km	12:00	12:15	13:20
12:40	16/17 Years Girls	4km	2 x 2km	12:20	12:35	13:50
13:20	16/17 Years Boys	6km	2 x 3km	13:00	13:15	14:20
13:50	18/19 Years Girls	6km	2 x 3km	13:30	13:45	14:50
14:20	18/19 Years Boys	8km	1 x 2km 2 x 3km	14:00	14:15	15:20