

SCHOOL SPORT AUSTRALIA

Current at August 2025

13 - 19 Years Triathlon and MC Triathlon and 11 – 19 Years Aquathlon and MC Aquathlon Championships

RULES AND GUIDELINES

Section A – Championship Overview

- A - 1.** These Rules and Guidelines should be read in conjunction with School Sport Australia Policies, Championship Protocols and the Aquathlon & Triathlon Championship Organisational Manual.
- A - 2.** The Championships shall be conducted in accordance with the Rules of AusTriathlon except where otherwise indicated.
- A - 3.** The Championships shall be conducted in accordance with a current Memorandum of Understanding between School Sport Australia and AusTriathlon.
- A - 4.** The Championships shall be conducted on a 2-Year Rotational Model, with Year “A” being referred to hereafter as the “Traditional Format” and Year “B” referred to hereafter as the “Super Sprint Format”.
- A – 5. Championship Length & Day Schedule**

The Championship shall be run over 5 consecutive days with the competition format following the outline below but subject to local requirements as determined by the National Sports Advisor and Host State/Territory.

Day	Year A - Traditional	Year B - SuperSprint
1	Teams Arrive Venue Familiarisation Pre-Championship Meeting	Teams Arrive Pre-Championship Meeting Venue/Course Familiarisation Opening Ceremony
2	Opening Ceremony Course Familiarisation Championship Experience	Individual Competitions - Aquathlon Championship Experience (Tri)
3	Individual Triathlon	Team Relays - MTR & SLR
4	Individual Aquathlon Post Championship Meeting	Championship Experience (Aqua) Individual Triathlon & Aquathlon Post Championship Meeting
5	Team Relays Closing Ceremony Teams Depart	Individual Finals Closing Ceremony Teams Depart

A - 6. Eligibility

A - 6.1 Individual Events

Qualification for selection to compete in the individual event at the Championship shall be:

A - 6.1.1 Aquathlon and MC Aquathlon:

Youth being 11 and 12 years as of 31 December in the year in which the Championship is held.

Juniors being 13 and 14 years as of 31 December in the year in which the Championship is held.

Intermediates being 15 and 16 years as of 31 December in the year in which the Championship is held.

Seniors being 17, 18 and 19 years as of 31 December in the year in which the Championship is held.

A - 6.1.2 Triathlon and MC Triathlon:

Juniors being 13 and 14 years as of 31 December in the year in which the Championship is held.

Intermediates being 15 and 16 years as of 31 December in the year in which the Championship is held.

Seniors being 17, 18 and 19 years as of 31 December in the year in which the Championship is held.

A - 6.1.3 No student shall be permitted to race outside his/her specific age group.

A - 6.2 Relay Events

As per A - 6.1 above.

A - 6.3 Age Dispensation

Age Dispensation is not granted to any SSA member body for these Championships.

A - 6.4 Draft Legal Endorsement

Able-bodied athletes competing in the Junior, Intermediate and Senior age groups must hold (and provide evidence of) a current Draft Legal Endorsement from AusTriathlon.

A - 7. Team Size

A State or Territory may enter one or more of the following teams to compete in the National Championship

A - 7.1 Triathlon

Each State/Territory may enter a team consisting of a maximum of thirty- six (36) athletes in total for the Triathlon Championships. A maximum of six (6) athletes for both females and males in each of the Junior, Intermediate and Senior age groups.

A - 7.2 MC Triathlon

Each State/Territory may enter a team consisting of a maximum of thirty- six (36) athletes in total for the MC Triathlon Championships. A maximum of six (6) athletes for both females and males in each of the Junior, Intermediate and Senior age groups.

Should a State/Territory not fill a particular gender/age group they may apply to the National Triathlon Advisor for additional competitors in other gender/age groups but only up to a maximum of 36 athletes in total.

To be eligible to compete in an MC Category, the athlete must submit appropriate documentation to their State/Territory Member Body or be on the Master List at the time of selection and nomination to SSA.

A - 7.3 Aquathlon

Each State/Territory may enter a team consisting of a maximum of fifty-two (52) athletes in total for the Aquathlon Championships. A State/Territory may nominate a maximum of eight (8) athletes for both females and males in the Youth age group and six (6) athletes for both females and males in each of the Junior, Intermediate and Senior age groups.

A - 7.4 MC Aquathlon

Each State/Territory may enter a team consisting of a maximum of fifty-two (52) athletes in total for the Aquathlon Championships. A State/Territory may nominate a maximum of eight (8) athletes for both females and males in the Youth age group and six (6) athletes for both females and males in each of the Junior, Intermediate and Senior age groups.

Should a State/Territory not fill a particular gender/age group they may apply to the National Triathlon Advisor for additional competitors in other gender/age groups but only up to a maximum of 52 athletes in total.

To be eligible to compete in an MC Category, the athlete must submit appropriate documentation to their State/Territory Member Body or be on the Master List at the time of selection and nomination to SSA.

A – 7.5 Additional State/Territory Teams

A State/Territory that has historically had a full or near to full team in Aquathlon (52) and or Triathlon (36) may propose to field a second Team in the Championship. The second team must be suitably skilled at the level of competition without impacting the integrity of the event. The second team must be no less than 75% of a full team, that is, not less than Aquathlon (39) or Triathlon (27) athletes.

A - 7.6 *Team Officials*

States and Territories will be required to provide suitably qualified Team Officials to support and manage both able-bodied and multi-class athletes. The number of officials should be reflective of both Triathlon and Aquathlon team sizes for the State/Territory to ensure appropriate support and supervision – noting that the triathlon and aquathlon schedules may run simultaneously.

A – 7.7 *MC Athlete Guides, Handlers and Supports*

MC Athletes may request the support of another person before, during and/or after the race at the discretion and approval from the National Sport Advisor and Race Referee under one (or more) of the following categories –

A – 7.8.1 *Categories of MC Support*

Athlete Guide – is a person that is tethered to the eligible athlete at all times during the event (for the cycle leg this means on a tandem bike). Specific rules and guidelines for Athlete Guides is further detailed below.

Athlete Handler - a person that carries or physically assists an eligible athlete from one point on course to another eg to the Swim Start, from Swim Finish to T1 etc. They may provide additional assistance for an eligible athlete in transition to get ready for the next leg of the event. They do not accompany the athlete on course during any individual leg.

MC Support - a person that provides specific and approved assistance to an MC Athlete prior to, during and post competition but is not able to assist the athlete in moving “forward” in anyway. They may provide verbal instructions/cues/reminders to assist and/or intervention to ensure athlete safety.

A - 7.8.2 *Athlete Guides*

A student guide should be of similar age (and no more than one AG above) and be familiar with the guidelines provided in this document as well as AusTriathlon Race Rules

Swim:

The guide and the athlete are tethered during the swim and may swim side by side, or the guide may swim slightly behind the athlete. The guide is not permitted to swim ahead of the athlete as this would be classified as an unfair advantage or drafting.

Run:

The guide and the athlete are tethered during the run and may run side by side, or the guide may run slightly behind the athlete. The guide is not permitted to run ahead of the athlete as this would be classified as an unfair advantage or drafting.

General:

The guide must wear an identifying bib or State/Territory race suit identifying them as a ‘guide’.

It is the responsibility of the guide to ensure that the athlete is properly orientated in the start position. The athlete must have a guide for the entire race.

Athletes may bring their own guide runner to the championship. In this instance, this guide must be approved by the SSA National Sport Advisor prior to the commencement of the

Championships. In the event of an athlete bringing their own guide, the athlete will be responsible for any associated costs.

In the event of the athlete not being able to bring their own guide, the Host State/Territory must be notified upon the athlete's nomination so a guide can be sourced.

Competitor and guide are tethered together by a 50cm tether

As a vision impaired runner crosses the finish line or relay change-over line, the guide must be just behind the athlete. Holding the athlete, or the athlete's clothing is not permitted. An exception to the rule may be allowed if the guide is needed to assist the athlete over an obstacle. An official need to be consulted prior to the athlete's event if this is required.

The athlete may receive verbal instruction from the guide.

At no time may the guide pull the athlete or propel the athlete forward by pushing. Infringement of this rule may lead to disqualification.

In the event the athlete starts the event with a guide. The athlete and guide must both finish the event with bona fide effort (they must finish together across the finish line, with the guide behind the athlete. If for some reason the guide runner cannot complete the course, the finishing result of the athlete will be determined by the referee, after taking into consideration all factors that led to the guide withdrawing.

Companion runners may be approved by the SSA National Sport Advisor for disability categories outside of the PTV classifications. This provision may be approved to ensure the safety and wellbeing of an identified athlete.

MC Guides do not incur a National Championship Player Levy. Where an MC Guide is a student currently enrolled in a State/Territory member body affiliated school they will -

- Be subject to the same rules, guidelines and expectations as other students
- Be required to attend all Championship activities and events as other students
- Be required to wear the same State/Territory Uniform as the other students
- Be awarded any medals alongside their athlete as appropriate

Where an MC Guide is not a student enrolled in a State/Territory member body affiliated school they will be subject to the same expectations, rules and guidelines as other Team Officials, only be required to attend races (inc briefings etc) wear competition uniform only and are not eligible for National Championship medallions won by their athlete.

A – 7.8.3 Athlete Handlers

Adhere to AusTri and WT Rules and Guidelines and be appropriately qualified

May not be specific to any one athlete

A – 7.8.4 MC Support

Application (with evidence as required) and must be approved prior to competition. Support that has been approved will be communicated to Parent/Athlete and Race Referee/Director.

MC Support personnel should be Team Manager/KEO in the first instance (or other Adult as required).

A – 7.8.5 Additional MC Requirements

Hearing aids will be removed on the line one minute prior to the start or after all final instructions have been given, whichever is the latter if competing as an athlete with a Hard of Hearing/Deaf classification. should not be included in participants levies; however, hosts need to be advised of the number of guides that will be attending the Championship.

A - 8. Attendance at Championships

All students who participate in the School Sport Australia Triathlon / Aquathlon Championships must remain at the Championship location throughout the duration of the Championships and be bound by all Championship arrangements, except in exceptional circumstances as per School Sport Australia policy.

Section B – Competition Structure

B – 1 The National Championships will be conducted using an alternate year format. “Year A” the event shall follow the Traditional Format and a “Year B” it shall follow a Super Sprint Format.

B – 2 All States/Territories represented shall compete in the individual event.

B – 3 All States/Territories represented shall compete in the relay event. Students must compete in the individual race in order to compete in the relay event unless a medical certificate is provided.

B - 4 Drafting

The AusTriathlon/WT rules regarding draft legal events shall apply for all Individual & Relay Events (able-bodied only).

B - 5 Race Contingency

Host States/Territories should ensure that contingency plans for all components of the race schedule are considered should any exceptional circumstances arise.

All competitors will be expected to arrive fully prepared for the competition even if, in the event of unforeseen circumstances, some adjustment must be made to race procedures.

B - 6. Championship Format – Traditional

B – 6.1 Individual Event Distances

Age Group	Triathlon	Aquathlon
Youth		200m Swim : 2km Run
Junior	300m Swim : 10km Cycle : 2km Run	300m Swim : 2km Run
Intermediate	500m Swim : 15km Cycle : 4km Run	500m Swim : 4km Run
Senior	750m Swim : 20km Cycle : 5km Run	750m Swim : 5km Run

B – 6.1.1 Race distances shall be as near as possible to the distances above allowing for local considerations as required and approved by the Race Director, Host State/Territory and National Sport Advisor.

B – 6.1.2 Aquathlon events may be held as a Run:Swim:Run or Swim:Run Format depending on local conditions eg, course geography, water temperature, MC Athlete adjustment requirements etc

B – 6.2 Relay Event Distances

Age Group	Triathlon	Aquathlon
Youth		100m Swim 1km Run
Junior	200m Swim 5km Cycle 1.5km Run	200m Swim 1.5km Run
Intermediate		
Senior		
All Age		
Composite		

- B – 6.2.1* Race distances shall be as near as possible to the distances above allowing for local considerations as required and approved by the Race Director, Host State/Territory and National Sport Advisor.
- B – 6.2.2* Aquathlon events may be held as a Run:Swim:Run or Swim:Run Format depending on local conditions eg, course geography, water temperature, MC Athlete adjustment requirements etc
- B – 6.2.3* Mixed Team Relay Team Composition
- A State/Territory Team shall be comprised of:
- 4 different athletes
 - 2 x Male and 2 x Female
- Compete in the order currently being used by World Triathlon eg Male First, then Female, then Male, then Female.
- Senior Team (max. of 2 teams) – Senior Athletes only
- Intermediate Team (max. of 2 teams) – Intermediate Athletes only
- Junior Team (max. of 2 teams) – Junior Athletes only
- All Age Team (max of 3 teams) – at least one Junior, one Intermediate and one Senior Athlete plus one more
- Composite Team – where the above conditions cannot be met including where athletes are from different State/Territories form a team
- Youth Aquathlon – (max of 4 teams) – 11-12 year old athletes only
- MC Triathlon and Aquathlon Relay Teams shall follow the above composition guidelines wherever possible
- Any variations to the composition of relay teams, based on team size, illness or injury must be approved at a Team Managers meeting prior to the relay events.
- B – 6.2.4* The relay changeover procedure shall be at the discretion of the Race Director.

B - 7. Championship Format – Super Sprint

B – 7.1

Athletes shall have multiple race opportunities during the National Championship with an accumulation of points in the first 3 days being used to determine the “Championship Final”. The Championship Final shall then determine the overall National Champion in each age group and gender on the final day of competition.

Day	Aquathlete Program	Triathlete Program
1	<u>Individual Aquathlon</u> Swim Run	<u>Individual Aquathlon</u> Swim Run
2	<u>Team Relays</u> Mixed Team Relay (MTR) Single Leg Relay (SLR)	<u>Team Relays</u> Mixed Team Relay (MTR) Single Leg Relay (SLR)
3	<u>Individual Aquathlon</u> Run Swim Run	<u>SuperSprint Triathlon</u> Race # 1 Race #2
4	<u>Championship Final</u> Aquathlon	<u>Championship Final</u> Triathlon

B – 7.1 Individual Event Distances

Age Group	Aquathlon	Triathlon
Youth	100 - 200m Swim 800m – 1200m Run	
Junior	100 - 300m Swim 800m – 1200m Run	100 - 300m Swim : 4km – 6km Cycle : 800m – 1200m Run
Intermediate	100 - 400m Swim 800m – 1600m Run	100 - 400m Swim : 4km – 8km Cycle : 800m – 1600m Run
Senior	100 - 400m Swim 800m - 1600m Run	100 - 400m Swim : 4km – 6km Cycle : 800m – 1600m Run

B – 7.1.1 Race distances shall be as near as possible to the distances above allowing for local considerations as required and approved by the Race Director, Host State/Territory and National Sport Advisor.

B – 7.1.2 Aquathlon events may be held as a Run:Swim:Run or Swim:Run Format depending on local conditions eg, course geography, water temperature, MC Athlete adjustment requirements etc

B – 7.2 Relay Event Distances

Athletes will compete in two Team Relay events. The Mixed Team Relay (MTR) shall be the same as that in a Traditional Year and outlined in B – 6.2.3.

Age Group	Triathlon		Aquathlon	
	MTR	SLR	MTR	SLR
Youth			100m Swim 1km Run	
Junior	200m Swim 5km Cycle 1.5km Run	200m – 400m Swim 5km – 8km Cycle 1.2km – 1.6km Run	200m Swim 1.5km Run	200– 400m Swim 1.2k – 1.6km Run
Intermediate				
Senior				
All Age				
Composite				

- B – 7.2.1* Race distances shall be as near as possible to the distances above allowing for local considerations as required and approved by the Race Director, Host State/Territory and National Sport Advisor.
- B – 7.2.2* Aquathlon events may be held as a Run:Swim:Run or Swim:Run Format depending on local conditions eg, course geography, water temperature, MC Athlete adjustment requirements etc
- B – 7.2.3* Single Leg Relay Team Composition
- A State/Territory Team shall be comprised of:
- 3 different athletes in Junior, Intermediate, Senior and Composite events and 4 different athletes in Youth events
 - SLR Teams shall be single gender teams ie 3 x Females or 3 Males
 - Each athlete may compete in one single leg and discipline in each team
 - Compete in the order of Swim, then Ride, then Run in Triathlon or alternating Swim and Run in Aquathlon.
 - Senior Team (max. of 2 teams) – Senior Athletes only
 - Intermediate Team (max. of 2 teams) – Intermediate Athletes only
 - Junior Team (max. of 2 teams) – Junior Athletes only
 - Composite Team – where the above conditions cannot be met including where there are mixed gender teams or where there are athletes from different State/Territories forming a team
 - Youth Aquathlon – (max of 4 teams) – 11-12 year old athletes only
 - MC Triathlon and Aquathlon Relay Teams shall follow the above composition guidelines wherever possible
 - Any variations to the composition of relay teams, based on team size, illness or injury must be approved at a Team Managers meeting prior to the relay events.

B – 7.2.4 The relay changeover procedure shall be at the discretion of the Race Director.

B - 8. Championship Points Allocation

B – 8.1 Aquathlon and Triathlon Individual

B – 8.1.1

Point scoring for the best performed Individual State/Territory be on the following points basis:

- 1st 1 point
- 2nd 2 points
- 3rd 3 points
- DNF Number in the field plus one
- DNS Number in the field plus one
- DSQ Number in the field plus one

B – 8.1.2

In any age group, if a State/Territory has more than three (3) athletes, only the first three (3) State/Territory athletes across the line are eligible for points with subsequent athletes being removed from the results for pointscore allocation only. In the event of a drawn score, the 4th athlete will count.

B – 8.1.3

In the individual event, the sum total of each state shall be ranked one to eight (1-8) for each age group, and the total ranking shall determine the overall placing. States/Territories may tie for placings.

B – 8.1.4

Where a State/Territory enters a second team in a particular year these teams are treated separately in the pointscore system.

B – 8.2 Aquathlon and Triathlon Relay

B – 8.2.1

Point scoring for the best performed Relay State/Territory be on the following points basis:

1st 1 point

2nd 2 points

3rd 3 points

DNF Number in the field plus one

DNS Number in the field plus one

DSQ Number in the field plus one

B – 8.2.2

In any age group, if a State/Territory has more than one (1) team, only the first State/Territory team across the line are eligible for points with subsequent teams being removed from the results for pointscore allocation only. Composite relay teams do not contribute to the overall pointscore.

B – 8.2.3

In the relay event, the sum total of each state shall be ranked one to eight (1-8) for each age group, and the total ranking shall determine the overall placing. States/Territories may tie for placings.

B – 8.2.4

Where a State/Territory enters a second team in a particular year these teams are treated separately in the pointscore system.

B – 8.3 MC Aquathlon and Triathlon Individual and Team Relay

B – 8.3.1

Point scoring for the best performed Individual/Team State/Territory be on the following points basis:

1st 1 point

2nd 2 points

3rd 3 points

DNF Number in the field plus one

DNS Number in the field plus one

DSQ Number in the field plus one

B – 8.3.2

In any age group/gender/category, if a State/Territory has more than one (1) athlete/team, only the first State/Territory athlete/team across the line are eligible for points with subsequent athletes being removed from the results for pointscore allocation only. Composite relay teams do not contribute to the overall pointscore.

B – 8.3.3

In both the individual and team event, the sum total of each state shall be ranked one to eight (1-8) for each age group, and the total ranking shall determine the overall placing. States/Territories may tie for placings.

B – 8.3.4

Where a State/Territory enters a second team in a particular year these teams are treated separately in the pointscore system.

B - 9. Method of Determining Championship Winners

B - 9.1 Individual Competition – Triathlon and Aquathlon

Any athlete finishing 1st, 2nd or 3rd in their respective Championship Event (Traditional Year) or Championship Final (SuperSprint Year) are eligible for medals.

B - 9.2 Relay Event

B – 9.2.1 Mixed Team Relay

All athletes from each team finishing 1st, 2nd or 3rd in the Youth, Junior, Intermediate, Senior and All Age Mixed Team Relay event are eligible for medals.

All athletes from each full (4 person) Composite Team finishing 1st, 2nd or 3rd are eligible for medals. Where there are no 4 person teams in this category, the National Sport Advisor will advise how the medals will be awarded in this category prior to racing commencing.

B – 9.2.2 Single Leg Relay

This event is for Championship pointscore only with no team medals being awarded.

B - 10. Super Sprint Race Point Progression System

B – 10.1 Individual Competition

Athletes will have multiple race opportunities during the National Championship with each individual event scoring points. Where the number of athletes determines that multiple Finals Waves must be run eg A Final, B Final, C Final etc, the individual pointscore at the end of Day 4 will be used to determine the Championship Finals startlist.

The athlete with the lowest pointscore will be ranked 1st, the second lowest, ranked 2nd and so on until all athletes have been given a “Finals Ranking”. The Race Director and National Sport Advisor shall determine the number of athletes in each Final and this will be communicated to Team Officials at the end of Day 4.

B – 10.1.1 Aquathlon Events Pointscore

Where multiple heats are required to be held in an age group and gender, all athletes will be combined into one results sheet using their finish times. Points will be assigned based on overall finishing position as per below:

1st 1 point
2nd 2 points
3rd 3 points
DNF Number in the field plus one
DNS Number in the field plus one
DSQ Number in the field plus one

B – 10.1.2 Triathlon Events Pointscore

Where multiple heats are required to be held in an age group and gender, all athletes will be combined into one results sheet using their finish times. Points will be assigned based on overall finishing position as per below:

1st 1 point
2nd 2 points
3rd 3 points
DNF Number in the field plus one
DNS Number in the field plus one
DSQ Number in the field plus one

B – 10.2 Relay Competition

Athletes will have multiple race opportunities during the National Championship with each team relay event scoring points towards the overall Team Championship Trophies.

B – 10.2.1 Mixed Team Relay (MTR)

The pointscore will be as per B – 7.2.1

B – 10.2.2 Single Leg Relay (SLR)

The pointscore will be as per B – 7.2.1

Section C – Facilities, Equipment & Key Event Officials

C – 1. Race Sanctioning

The host State/Territory is responsible for ensuring that the race is sanctioned by AusTriathlon and that appropriately qualified Technical Officials are appointed for the duration of all races.

C - 2. Swim Starts

The swim start shall be as per WT competition rules with the start line being determined as per transition (Ref Rule 3.5).

C - 3. Wheel Exchange

C - 2.1 A Wheel Exchange area will be established close to the transition area and supervised by an Event Official.

C - 2.2 Wheels must be clearly labelled with athlete numbers/and or/State/Territory.

C - 2.3 If wheels are exchanged, the athlete must complete the lap they are on.

C - 4. Transition Area

The transition area shall not exceed AusTriathlon dimensions and shall be of a flow through nature giving no advantage to any competitor. Places on the bike racks will be allocated on a basis where states are listed in alphabetical order and athletes are positioned as follows:

Example:	Junior Girls	Position	1.	ACT
			2.	NSW
			3.	NT
			4.	QLD
			5.	SA
			6.	TAS
			7.	VIC
			8.	WA
			9.	ACT etc.

C - 5. Cycle Course

It is strongly recommended that the Championship be conducted on a road closed course.

C - 6. Electronic Timing

Where possible, host states/territories are encouraged to use electronic timing at the event.

C - 7. Race Components

C - 6.1 Host member bodies should ensure that contingency plans for all components of the race schedule are considered should any exceptional circumstances arise.

C - 6.2 All competitors will be expected to arrive fully prepared for the competition even if in the event of unforeseen circumstances, some adjustment has to be made to race procedures.

C – 8. Key Event Officials

It is highly recommended that the following Key Event Officials are appointed and attend the National Championships

Race Director (RD) – Host State/Territory appointed position

Event Convenor (EC) – Host State/Territory appointed position

National Sport Advisor (NSA) – School Sport Australia appointed position taking on the role of Championship Manager

Race Referee (RR) – AusTriathlon appointed position as part of race sanctioning

Technical Delegate (TD) – AusTriathlon appointed position as part of race sanctioning

Section D – Uniform

D - 1. Uniform Colours

All States/Territories shall wear representative clothing as follows:

Australian Capital Territory	Yellow and Blue
New South Wales	Sky Blue, Navy Blue and White
Northern Territory	Ochre, Black and White
Queensland	Maroon and White, splash Black/Grey
South Australia	Red, Yellow and Blue
Tasmania	Red and Green
Victoria	Navy Blue and White
Western Australia	Black and Gold

Where a State/Territory enters a second team in a particular year, athletes should be identifiable wearing at least a different coloured Swim Cap and preferably a different race suit colour variation.

D - 2. All team members must wear state-coloured uniforms i.e., bathers, swim caps and running gear as covered by sanctioning. Race singlets are required for male competitors only. This is to apply for both Individual and Relay events. For all relay events (Triathlon), if extra apparel is worn, team members must wear state-coloured tops, state coloured cycling pants or plain black cycling pants.

D - 3. It is recommended that States/Territories wear coloured swim caps as indicated:

Australian Capital Territory	Royal Blue
New South Wales	Pale Blue/Sky Blue
Northern Territory	Ochre
Queensland	Maroon or White
South Australia	Red
Tasmania	Green
Victoria	Navy Blue or Silver
Western Australia	Gold or Black

Where a State/Territory enters a second team in a particular year, athletes should be identifiable wearing the alternate coloured Swim Cap.

Section E – Injury Management

E - 1. Refer to School Sport Australia Championship Protocols and Policy for the management of injuries. This policy will override any sport specific injury management Protocols. School-Sport-Australia-Injury-Management-Policy.pdf (schoolsportaustralia.edu.au)

Section F – Protests

F – 1 Technical

Where an athlete or Team Official wishes to lodge a protest regarding a decision made by the Race Referee or Technical Delegate the following procedure shall be followed:

- Only a State/Territory Team Official is able to lodge a protest
- The protest must be lodged with the SSA National Sport Advisor within 30 minutes of the conclusion of the race (final competitor crossing the line)
- The initial protest may be lodged verbally but must be immediately followed with an email confirming the lodging of the protest and include all details
- The SSA National Sport Advisor shall immediately advise the Race Referee and Technical Delegate of the protest
- Should the protest be with respect to an athlete's final race result, no presentations or scoring shall be completed until the protest is investigated and a decision made
- Only evidence provided by Key Event Officials will be permitted to be considered
- The Head Referee, Technical Delegate, National Sport Advisor and Race Director will make a decision based on the evidence available and in accordance with the SSA Triathlon and Aquathlon Competition procedures, AusTriathlon and World Triathlon Rules and Guidelines, which shall then be communicated by the National Sport Advisor to the Team Official
- The protest shall be resolved within 2 hours of the conclusion of the race
- Following the communication of the protest decision no further race results shall be changed

F - 2. Non-Technical

Where an athlete or Team Official wishes to lodge a protest regarding a non-technical decision, the following procedure shall be followed:

- Only a State/Territory Team Official is able to lodge a protest
- The protest must be lodged with the SSA National Sport Advisor
- The initial protest may be lodged verbally but must be immediately followed with an email confirming the lodging of the protest and include all details
- The Competition Jury shall be convened to consider the protest
- The Competition Jury will make a decision based on evidence available and in accordance with the SSA Triathlon and Aquathlon Competition Procedures, which shall then be communicated by the National Sport Advisor to the Team Official

F – 3 Competition Tribunal/Judiciary

One nominated team official representative of the protester and of the accused must be present. Protest forms shall be made available at the Opening Conference.

A Competition Jury shall be formed at the Opening Conference of each Championship.

The Jury shall consist of representatives from at least three (3) different states, the School Sport Australia National Triathlon Advisor and the AusTriathlon Technical Delegate in an advisory capacity only.

Section G – Trophies / Awards / Medals

G - 1. Overall Championship Awards

The following trophies are presented at the Closing Ceremony. The name of the winning team is to be engraved on the cup at the expense of the winning state:

Championship Trophy - combined Individual & Relay Total

Relay Trophy

Individual Triathlon Trophy

Individual Aquathlon Trophy

MC Championship Trophy - combined Individual & Relay Total

G - 2. Individual Athlete Awards

SSA National Championship medallions will be presented to the first three (3) finishers in each individual age group and gender in the following:

Triathlon

MC Triathlon

Aquathlon

MC Aquathlon

SSA National Championship medallions will be presented to each member of the first three (3) team finishers in each age group (Youth, Junior, Intermediate, Senior, All Age and Composite) in the following team relay event -

Mixed Team Relay

In a SuperSprint competition year, SSA National Championship medallions will be presented to the individual male and female athletes in both Triathlon and Aquathlon Championships, finishing with the lowest pointscore total after Day 4 of the Championship. Where athletes finish on the same amount of points the athlete with the highest placing in the Championship Final will be deemed the winner of this award.

ie this award could be won by:

Triathlon - Junior Male Triathlete

Senior Female Triathlete

Aquathlon - Youth Male Aquathlete

Junior Female Aquathlete

*MC Athletes are not eligible for this Overall Pointscore trophy. MC Categories are currently separate and with no baseline data available to compare athletes, a pointscore cannot be applied.