SCHOOL SPORT AUSTRALIA
10 TO 12 YEARS TRACK & FIELD
Melbourne, Victoria
29 November to 03 December 2026

Day 1

Sunday 29 November

PM	Opening Ceremony	Lakeside Stadium

Day 2

Monday 30 November

2 PM – 5 PM	Competition begins	Lakeside Stadium

TRACK EVENTS			
Call Room beginning from 2pm			
EVENT	**GENDER**	**AGE**	**COMMENTS**
100 Metres - Tetrathlon	Boys	10	Timed Finals (2)
100 Metres - Tetrathlon	Boys	11	Timed Finals (2)
100 Metres - Tetrathlon	Boys	12	Timed Finals (2)
800 Metres - Multi Class	Boys	10	Timed Finals (1)
800 Metres - Multi Class	Girls	10	Timed Finals (1)
800 Metres - Multi Class	Boys	11	Timed Finals (1)
800 Metres - Multi Class	Girls	11	Timed Finals (1)
800 Metres - Multi Class	Boys	12	Timed Finals (1)
800 Metres - Multi Class	Girls	12	Timed Finals (1)
1500 Metres	Boys	10	Timed Finals (1)
1500 Metres	Girls	10	Timed Finals (1)
1500 Metres	Boys	11	Timed Finals (1)
1500 Metres	Girls	11	Timed Finals (1)
1500 Metres	Boys	12	Timed Finals (1)
1500 Metres	Girls	12	Timed Finals (1)
Combined Relay	Boys	10	Final
Combined Relay	Girls	10	Final
Combined Relay	Boys	11	Final
Combined Relay	Girls	11	Final
Combined Relay	Boys	12	Final
Combined Relay	Girls	12	Final

FIELD EVENTS			
Call Room beginning from 2pm			
EVENT	**GENDER**	**AGE**	**COMMENTS**
Shot Put - Multi Class	Boys	10	Circle 2
Discus - Multi Class	Boys	12	Circle 2
High Jump	Girls	11	HJ 1
Long Jump	Boys	11	Pit 1
Long Jump - Tetrathlon	Boys	10	Pit 2
Discus - Multi Class	Girls	11	Circle 2
Shot Put - Multi Class	Girls	10	Circle 2
Shot Put	Girls	10	Circle 1
Discus	Girls	11	Circle 1
High Jump	Boys	10	HJ 2
Long Jump - Tetrathlon	Boys	11	Pit 2
Shot Put - Multi Class	Boys	11	Circle 2
Discus - Multi Class	Girls	12	Circle 2
Long Jump - Tetrathlon	Boys	12	Pit 1

Day 3

Tuesday 1 December

10 AM – 5 PM	Competition	Lakeside Stadium

TRACK EVENTS			
Call Room beginning from 10am			
EVENT	**GENDER**	**AGE**	**COMMENTS**
100 Metres	Boys	10	Heats (3)
100 Metres	Girls	10	Heats (3)
100 Metres	Boys	11	Heats (3)
100 Metres	Girls	11	Heats (3)
100 Metres	Boys	12	Heats (3)
100 Metres	Girls	12	Heats (3)
100 Metres - Tetrathlon	Girls	10	Timed Finals (2)
100 Metres - Tetrathlon	Girls	11	Timed Finals (2)
100 Metres - Tetrathlon	Girls	12	Timed Finals (2)
100 Metres - Multi Class	Boys	10	Timed Finals (1-2)
100 Metres - Multi Class	Girls	10	Timed Finals (1-2)
100 Metres - Multi Class	Boys	11	Timed Finals (1-2)
100 Metres - Multi Class	Girls	11	Timed Finals (1-2)
100 Metres - Multi Class	Boys	12	Timed Finals (1-2)
100 Metres - Multi Class	Girls	12	Timed Finals (1-2)
1 hour break			

TRACK EVENTS CONTINUED			
EVENT	**GENDER**	**AGE**	**COMMENTS**
100 Metres	Boys	10	Final
100 Metres	Girls	10	Final
100 Metres	Boys	11	Final
100 Metres	Girls	11	Final
100 Metres	Boys	12	Final
100 Metres	Girls	12	Final
800 Metres - Tetrathlon	Boys	10	Timed Finals (1)
800 Metres - Tetrathlon	Boys	11	Timed Finals (1)
800 Metres - Tetrathlon	Boys	12	Timed Finals (1)
4 x 100 Metre Relay	Boys	10	Final
4 x 100 Metre Relay	Girls	10	Final
4 x 100 Metre Relay	Boys	11	Final
4 x 100 Metre Relay	Girls	11	Final
4 x 100 Metre Relay - Multi Class	Boys	10-12	Final
4 x 100 Metre Relay	Boys	12	Final
4 x 100 Metre Relay - Multi Class	Girls	10-12	Final
4 x 100 Metre Relay	Girls	12	Final

FIELD EVENTS			
Call Room beginning from 10:30am			
EVENT	**GENDER**	**AGE**	**COMMENTS**
Shot Put - Tetrathlon	Boys	10	Circle 2
Long Jump	Girls	11	Pit 1
High Jump	Boys	12	HJ 1
High Jump	Girls	12	HJ 2
Long Jump - Tetrathlon	Girls	10	Pit 2
Discus - Multi Class	Boys	11	Circle 1
Shot Put	Girls	11	Circle 1
Shot Put - Tetrathlon	Boys	11	Circle 2
Long Jump - Multi Class	Girls	12	Pit 1
Long Jump - Tetrathlon	Girls	11	Pit 2
Discus - Multi Class	Girls	10	Circle 2
Shot Put - Tetrathlon	Boys	12	Circle 1
Long Jump - Tetrathlon	Girls	12	Pit 2
Discus	Boys	12	Circle 1
Long Jump	Girls	10	Pit 1
Shot Put - Multi Class	Girls	11	Circle 2
High Jump	Boys	11	HJ 1
Shot Put	Girls	12	Circle 1
Discus	Boys	10	Circle 2
Long Jump - Multi Class	Boys	12	Pit 2
Long Jump - Multi Class	Boys	10	Pit 1

Day 4

Wednesday 2 December

9 AM – 12 PM	Team Experience	MSAC
1:30 PM – 5 PM	Competition	Lakeside Stadium

TRACK EVENTS			
Call Room beginning from 1:30pm			
EVENT	**GENDER**	**AGE**	**COMMENTS**
200 Metres	Boys	10	Heats (3)
200 Metres	Girls	10	Heats (3)
200 Metres	Boys	11	Heats (3)
200 Metres	Girls	11	Heats (3)
200 Metres	Boys	12	Heats (3)
200 Metres	Girls	12	Heats (3)
800 Metres	Boys	10	Heats (2)
800 Metres	Girls	10	Heats (2)
800 Metres	Boys	11	Heats (2)
800 Metres	Girls	11	Heats (2)
800 Metres	Boys	12	Heats (2)
800 Metres	Girls	12	Heats (2)
200 Metres	Boys	10	Final
200 Metres	Girls	10	Final
200 Metres	Boys	11	Final
200 Metres	Girls	11	Final
200 Metres	Boys	12	Final
200 Metres	Girls	12	Final
800 Metres - Tetrathlon	Girls	10	Timed Finals (1)
800 Metres - Tetrathlon	Girls	11	Timed Finals (1)
800 Metres - Tetrathlon	Girls	12	Timed Finals (1)

FIELD EVENTS			
Call Room beginning from 2pm			
EVENT	**GENDER**	**AGE**	**COMMENTS**
Shot Put - Tetrathlon	Girls	10	Circle 1
Long Jump	Boys	10	Pit 1
Shot Put	Boys	12	Circle 1
Discus	Girls	10	Circle 1
Long Jump - Multi Class	Boys	11	Pit 2
Shot Put - Tetrathlon	Girls	11	Circle 2
Long Jump - Multi Class	Girls	10	Pit 1
Shot Put - Tetrathlon	Girls	12	Circle 1
Long Jump	Boys	12	Pit 2
High Jump	Girls	10	HJ 1
Discus	Girls	12	Circle 1
Shot Put	Boys	11	Circle 2
Shot Put - Multi Class	Girls	12	Circle 1

Day 4

Thursday 3 December

9 AM – 12 PM	Competition	Lakeside Stadium
12 PM – 1PM	Closing Ceremony	Lakeside Stadium

TRACK EVENTS			
Call Room beginning from 9:15am			
EVENT	**GENDER**	**AGE**	**COMMENTS**
800 Metres	Boys	10	Final
800 Metres	Girls	10	Final
800 Metres	Boys	11	Final
800 Metres	Girls	11	Final
800 Metres	Boys	12	Final
800 Metres	Girls	12	Final
200 Metres - Multi Class	Boys	10	Timed Finals (1-2)
200 Metres - Multi Class	Girls	10	Timed Finals (1-2)
200 Metres - Multi Class	Boys	11	Timed Finals (1-2)
200 Metres - Multi Class	Girls	11	Timed Finals (1-2)
200 Metres - Multi Class	Boys	12	Timed Finals (1-2)
200 Metres - Multi Class	Girls	12	Timed Finals (1-2)
Medley Relay	Boys	10	Final
Medley Relay	Girls	10	Final
Medley Relay	Boys	11	Final
Medley Relay	Girls	11	Final
Medley Relay - Multi Class	Boys	10 - 12	Final
Medley Relay	Boys	12	Final
Medley Relay - Multi Class	Girls	10 - 12	Final
Medley Relay	Girls	12	Final

FIELD EVENTS			
Call Room beginning from 9:30am			
EVENT	**GENDER**	**AGE**	**COMMENTS**
Shot Put	Boys	10	Circle 1
Shot Put - Multi Class	Boys	12	Circle 2
Discus	Boys	11	Circle 1
Long Jump	Girls	12	Pit 1
Long Jump - Multi Class	Girls	11	Pit 2
Discus - Multi Class	Boys	10	Circle 2