

## **SCHOOL SPORT AUSTRALIA**

### **10 - 19 Years Diving Championships**

#### **RULES AND GUIDELINES**

##### **Section A – Championship Overview**

- A - 1.** These Rules and Guidelines should be read in conjunction with School Sport Australia Policies, Championship Protocols and the Sport Championship Organisational Manual.
- A - 2.** The Championships shall be conducted World Aquatic Rules except where otherwise stated.

Amended March 2025

- A - 3.** The Championships shall be conducted in accordance with a current Memorandum of Understanding between School Sport Australia and Diving Australia.

##### **A - 4. Championship Length**

The Championship is held over a period of seven days.

##### **A - 5. Eligibility**

All competitors must be bona fide school students, attaining a minimum age of 10 years and maximum age of 19 years in the year of competition.

##### **A - 6. Age Dispensation**

There is no Age Dispensation granted to a member body for these Championships.

##### **A - 7. Team Size**

Each member body may enter a maximum of three (3) competitors per individual competition.

##### **A - 8. Attendance at Championships**

All students who participate in the School Sport Australia Diving Championships must remain at the Championship location throughout the duration of the Championships and be bound by all Championship arrangements, except in exceptional circumstances as per School Sport Australia policy.

Added December 2020

##### **Section B – Competition Structure**

##### **B - 1. Program / Schedule**

The following is a standard schedule for the Championships but days may be interchangeable depending on numbers.

**Day 1**            Teams arrive  
                         Training

	Pre championship meeting
<b>Day 2</b>	Opening Ceremony (time to be advised) Competition
<b>Day 3</b>	Competition
<b>Day 4</b>	Competition
<b>Day 5</b>	Competition
	Post championship meeting
<b>Day 6</b>	Interchangeable for any day Educational Excursion Day Official's dinner evening prior to excursion
<b>Day 7</b>	Competition Closing Ceremony Teams depart

## B - 2. Order of Competition

The order in which divers will compete shall be determined by random draw.

## B - 3. Competition Format

### B - 3.1 Springboard and Platform

10 years	2 dives from 2 groups @ 3.62 2 dives from 2 groups with no limit on degree of difficulty	plus
11 years	2 dives from 2 groups @ 3.6 2 dives from 2 groups with no limit on degree of difficulty	plus
12 years	3 dives from 3 groups @ 5.4 2 dives from 2 groups with no limit on degree of difficulty	plus
13 years	3 dives from 3 groups @ 5.4 2 dives from 2 groups with no limit on degree of difficulty	plus
14 years	3 dives from 3 groups @ 5.4 3 dives from 3 groups with no limit on degree of difficulty	plus
15 years	4 dives from 4 groups @ 7.6 3 dives from 3 groups with no limit on degree of difficulty	plus
16 years	4 dives from 4 groups @ 7.6 4 dives from 4 groups with no limit on degree of difficulty	plus
17 years – 19 years	4 dives from 4 groups @ 7.6 4 dives from 4 groups with no limit on degree of difficulty	plus

Amended February 2018

#### 10-12 years platform (5 metre limit)

2 dives from 2 groups @ 3.6	plus
2 dives from 2 groups with no limit on degree of difficulty	

#### 13- 14 years platform (5m and/or 7.5m)



**B - 3.4.3** 3 rounds

**B - 3.4.3.1** Round 1 limited dd of 1.5 or less

**B - 3.4.3.2** Round 2 limited dd of 2.0 or less

**B - 3.4.3.3** Round 3 unlimited dd

**B - 3.4.4** At the conclusion of each round a number of the lowest scoring competitors will be eliminated resulting in 5 left for round 3 eg 10 in the event will result in 2 eliminated after round 1, 3 after round 2 leaving 5 in the final round. In the event of small number of competitors some rounds will have no elimination.

**B - 3.4.5** Each round will be stand alone and scores will not carry forward.

**B - 3.4.6** Boards to be used

**B - 3.4.6.1** 10-12 years 1m and/or 3m and/or, 5m

**B - 3.4.6.2** 13-14 years 1m and/or, 3m and/or, 5m and/or, 7.5m

**B - 3.4.6.3** 15-19 years 1m and/or, 3m and/or, 5 and/or, 7.5m and/or, 10m

**B - 3.4.7** Any dive groups can be used

**B - 3.4.8** No repeat dives permitted

**B - 3.4.9** Prizes will be awarded for 1st 2nd 3rd in final round

Rule added February 2018

**B - 4. Game Protocols / Specific Rules / Results**

**B - 4.1** Students must compete in their own age group in springboard and platform events.

**B - 4.1.1** EXCEPTION – if a member body does not have three (3) students of the correct age to fill the age group in springboard and/or platform then a younger diver may compete in an older division.

**B - 4.1.2** No diver can compete in more than one (1) individual springboard or platform event.

**B - 4.2** Synchronised divers may pair with a diver from the opposite gender. The divers will compete in the gender age group event of the elder diver.

Amended March 2025

**B - 4.3** Marshalling – Competitors will be required to report to the marshal prior to each event. Competitors will be introduced for each event (if time permits).

**B - 4.4** A student can only use the diving boards while under supervision of a team official. Duty of care is of utmost importance and should be adhered to at all times.

**B - 4.5** Board options

**B - 4.5.1** Springboard – All competitors may use one (1) and/or three (3) metre.

**B - 4.5.2** Platform – 10-12 years use five (5) metre only.

**B - 4.5.3** Platform – 13-14 years may use five (5) metre and/or seven and a half (7.5) metre.

**B - 4.5.4** Platform – 15-16 years may use five (5) metre and/or seven and a half metre and/or ten (10) metre.

**B - 4.5.5** Platform – 17-19 years may use five (5) metre and/or seven and a half (7.5) metre and/or ten (10) metre.

**B - 4.5.6** In the event a younger diver is competing in an older division, the younger competitor can only use platforms specific to their correct age grouping: ie a 13 year old diver in a 15-16 year platform event can only use five (5) metre or seven and a half (7.5) metre.

**B - 4.6** Dive Sheet Requirements

**B - 4.6.1** Dive sheets must contain the following information:

Name, state/territory, age, gender, event, board, dive number, dive position, degree of difficulty and divers signature.

**B - 4.6.2** One dive sheet to be submitted by the designated time. No repeat dives are permitted.

**B - 4.7** Judging Panel – At least five (5) member judging panel will be used for each individual event and at least a seven (7) member judging panel for synchronised events.

**B - 4.8** Appropriately accredited judges accompanying participating teams may be invited to join the judging panel.

**B - 4.9** A dive indicator board will be used (if available).

**B - 4.10** Withdrawals – All withdrawals should be notified as soon as known. Should a competitor withdraw from any event the order of divers will remain the same, with the withdrawn diver omitted.

**B - 5. Method of Determining a Winner**

**B - 5.1** Each competition shall be a final competition irrespective of the number of entrants.

**Section C – Facilities / Equipment**

**C - 1.** Secretariat equipment, computer, photocopier, printer, judge's cards or j pads for electronic scoring, diving calculators, whistle, dive recorder.

**Section D – Uniform**

**D - 1.** Each member body determines team uniform.

**D - 2.** Uniform must be worn for presentations.

## **Section E – Injury Management**

**E - 1.** The host member body should provide a qualified sports trainer with first aid at the venue.

**E - 2.** Refer to School Sport Australia General Policy for the management of injuries. This policy will override any sport specific injury management Protocols.

[School-Sport-Australia-Injury-Management-Policy.pdf \(schoolsportaustralia.edu.au\)](https://schoolsportaustralia.edu.au/School-Sport-Australia-Injury-Management-Policy.pdf)

New Policy Dec 2023

## **Section F – Officials**

**F - 1.** The host member body is responsible for appointing suitably qualified officials approved by the State / Territory Diving association (where possible).

**F - 1.1** Chief Referee

**F - 1.2** Meet Director/Championship Organiser

**F - 1.3** Judges (at least 5)

**F - 1.4** Table officials (at least 5)

**F - 2.** Visiting States / Territories may be invited to officiate where necessary.

**F - 3.** Utilisation of student officials in accordance with SSA policy.

## **Section G – Protests**

**G - 1.** In the event of a protest \$50 must be submitted. If the protest is dismissed the money will go to the host member body.

Amended October 2019

## **Section H – Tribunal / Judiciary**

**H - 1.** Judiciary – The judiciary shall consist of the National Sport Advisory, Chief Referee and a delegate from each participating team.

## **Section I – Trophies / Awards / Medals**

**I - 1.** Medals will be awarded for first, second and third placing in all events.

Amended November 2018